*Books on Sexual Addictions*

Within the Christian community, there are people who suffer from sexual addiction. Some are ministers. It is a cycle of continuous unhealthy sexual behaviors which include: a preoccupation or the thought of sexual acts, ritual acts, compulsive behavior and despair.  In most cases, sexual addiction always results to despair and guilt because the mind is engaged in a constant morale battle during these phases.

Listed below are a few books to consider:

Anderson, Neil T. 1998. *A Way of Escape: Freedom from Sexual Strongholds.* Harvest House Publishing

Armstrong, Neil T. 1996. *Breaking the Bondage of Addiction and Finding Freedom in Christ.* Publishing Group

Anterburn, Stephen. 2003. Addiction to “Love”: Understanding Dependencies of the Heart: Romance, Relationships, and Sex. Ann Arbor, MI: Vine Books.

Bodishbaugh, Signa, and Conlee Bodishbaugh. 2004. Illustrations of Intimacy: Unmasking Patterns of Sexual Addiction and Bringing Deep Healing to Those Who Struggle. Waynesboro, GA: Send The Light, Inc.

 Carnes, Patrick. 2001. Facing the Shadow: Starting Sexual and Relationship Recovery. Center City, MN: Hazelden Publishing and Educational Services.

Carnes, Ph,D., Patrick J. 2001. *Out of the Shadows: Understanding Sexual Addiction.* Hazelden Printing

Davis, Bob and Russell Willingham. 1999. Breaking Free: Understanding Sexual Addictions and the Healing Power of Jesus. Downers Grove, IL: InterVarsity.

 Durfield, Richard and Renee. 2005. Raising Pure Kids in a Pure World. Grand Rapids, MI: Bethany House Publishers.

 Earle, Ralph and Gregory Crow. 1998. Lonely All The Time: Recognizing, Understanding, and Overcoming Sex Addiction, for Addicts and Co-dependents. New York, NY: Brady Publications.

Gallagher, Steve. 2002. *At the Altar of Sexual Idolatry.* Pure Life Ministries

Grundner, T.M. 2000. The Skinner Box Effect: Sexual Addiction and Online Pornography. Lincoln, NE: Writers Club Press.

 Hall, Laurie. 1998. An Affair of the Mind: One Woman’s Courageous Battle To Salvage Her Family from the Devastation of Pornography. Colorado Springs, CO: Focus on the Family Publishing.

Hart, Dr. Archibald. 1995. *The Sexual Man.* Thomas Nelson

Hart, Dr. Archibald. 1998. *Secret of Eve: Understanding the Mystery of Female Sexuality.* Thomas Nelson

Laaser, Mark. 1996. *Faithful & True: Sexual Integrity in a Fallen World.* LifeWay Resources

Means, Patrick. 1999. Men’s Secret Wars. Grand Rapids, MI: Fleming H. Revell.

McBurney. Louis and Melissa. 2005. Real Questions About Sex. Grand Rapids, MI: Zondervan.

 Payne, Leanne. 1995. Crisis in Masculinity. Grand Rapids, MI: Baker Books.

 Pia, Melody. 1992. Facing Love Addiction: Giving Yourself the Power to Change the Way You Love-The Love Connection to Co-dependence. San Francisco, CA: Harper San Francisco.

Roberts, Ted. 2008. *Pure Desire: How One Man’s Triumph Can Help Others break Free from Sexual Temptation.* Gospel Light Publishing

Schaumberg, Dr. Harry W. 1997. *False Intimacy: Understanding the Struggle of Sexual Addiction.* NavPress Pubishing

Schneider, Burt & Jennifer. 2008. *Sex, Lies, & Forgiveness: Couples Speaking Out on Healing from Sex Addiction.* Recovery Resources Press

Weiss, Ph.D., D. 2000. *She has a Secret: Understanding Female Sexual Addiction.* Discovery Press

 Young, Kimberly. 1998. Caught in the Net: How To Recognize the Signs of Internet Addiction-and a Winning Strategy for Recovery. Hoboken, NJ: John Wiley and Sons.

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